

North Dallas Business Women (NDBW) Express Network

Dallas, TX

A League of the American Business Women's Association



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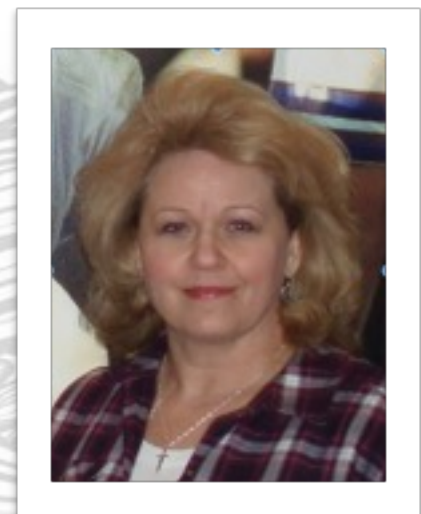
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Words from our League President

It is officially Spring! This is my favorite time of year because it is time for renewal and growth. Our clocks spring forward, and so will our league. Several of us just returned from Spring conference where we met and worked with women from other leagues to discuss new ways to help our leagues grow. I am so excited about the future of ABWA and particularly North Dallas Business Women (NDBW).

The NDBW Board is considering several new ideas to implement over the next few months and we need your input. Consider these questions and send a note to a Board member:

- Is there a new skill you would like to learn?
- Do you have a skill or knowledge of a business topic that you would like to present to the group? This would be a topic that is not directly related to your business. (delegation, organization tips, etc.)
- Would you like to take an APEX class and present what you learned to the league?



Spring also means we are implementing our member marathon program. Earn points for activities that will help us grow! First place will get their local dues of \$50 paid August for our 2018-19 year. Inviting guests, sponsoring new members, and having a one/one with another member all earn points. Have fun with this program!

We are always looking for new ways in which we can help you grow both personally and professionally, and to live the ABWA mission. Let the Board know your ideas and remember we are always here to help!!

Karen Morriss - NDBW President 2017-18

#BeBoldBeBraveBeYou.

Welcome to our Newest Members

April 2018



Cheers! My business is helping people learn more about wine and find wines that they fall in love with. I help my clients understand how pairing wines with food actually can enhance both. I can be a resource for my NDBW sisters by getting to know THEM, build friendships, and help promote their businesses.

Suzanne Griffin
Senior Executive Director, WineShop at Home
214-592-5997 Wine@griffinwineshop.com
www.Wine2u.club

My Business is Skincare and Makeup. I help my clients look and feel beautiful. I can be a resource for my NDBW sisters by sharing my connections, ideas and networking tips. If there is a need for Beauty tips, I can share that as well.

Mia Lockhart
Younique Presenter, The Makeup Empress
469-826-1524 contact@miamissdrialockhart.com



Join us for an Evening of Relaxed Conversation and Networking Fun

Join us on Tuesday, April 24th 5:30-8:30 pm at the Coffee House Cafe - 6150 Frankford Road, Dallas, TX.

Take an opportunity to chat with your ABWA sisters in a relaxed environment without the hustle of a regular program. Work on developing those relationships that can change your life - or just help you unwind from the stresses of day to day.

Coffee House Cafe serves a variety of beverages and treats to meet everyone's tastes.
<http://www.coffeehousecafe.com>

Get Ready for a great teatime with your BFF!!

Join us on June 16th from 1:30-4:00pm for a lovely afternoon with your Best Friend (or 2) at Lavendou Tea Room. 19009 Preston Rd #200, Dallas, TX 75252. We will be celebrating the joy of women and friends.

Watch the weekly emails for more details on registering.

Welcome to our new VP of Programs - Come Join US!!



Welcome to Elva Hernandez as our new VP of Programs. Elva is a long standing member of NDBW and has previously been the VP of Communications. Thank you Elva for joining the Board.

Would you like to serve on our 2018-2019 Board? Nominations are now open for all positions. You'd be amazed at the experience you gain and relationships you develop helping NDBW grow and triumph.

Reports from Spring Regional Conference

Several of our ABWA Sisters recently attended our Spring Regional Conference in Sugarland, TX. Here's some of what they had to say upon their return.

Kassandra Vitacca Mitchell

I am a slow learner but I finally understand at my spirit level how the support and love of the ABWA sisterhood not only benefits others, but me personally. I am humbled by how much more at peace, how much more secure, how much more confident and at ease I feel in all circumstances because of what I have experienced as a member of ABWA. As was so passionately and eloquently stated by thirteen-year member Dana Collins, "No other organization loves women, supports women, engages women, and empowers women like ABWA!"

Doris Dennard

I was able to see the leadership and team building skills in our organization first hand. If you are truly interested in this organization and building your business, Conference is a must! I made so many friends and connections from all over the country and will definitely be back!

Karen Morriss

This was my favorite ABWA conference to date (and I have attended over a dozen). The comradery that you develop during the road trip and during the conference is priceless. Meeting women from other leagues and working together toward a common goal is the best part of ABWA. Attending conferences is a vital part of the growth you experience with ABWA - make plans now to attend National Conference in October!

Marti Fox

Are you interested in experiencing the learning and fun and friendship of one of the ABWA conferences? Talk to a board member about the upcoming (October) National Conference in Augusta, GA and learn about our scholarship programs.

Upcoming NDBW & ABWA Events

NDBW Social Mixer
April 24th 5:30-8:30p
Coffee House Cafe
6150 Frankford Rd, Dallas, TX

National "Just in Time Webinar"
April 25th 7:00-8:00pm CST
link to register: <https://register.gotowebinar.com/register/1231213719027210497>

Trivia Nite hosted by Lakeside Leaders
April 28th 7-10pm
Frisco Party and Event Hall ~
8780 Preston Trace Blvd, Frisco, TX 75033,
Get your trivia team together!

DACA Board Meeting
May 5th 10:00am-Noon
7920 Beltline RD. Dallas, 1st Floor, Training Room A,
www.abwa-daca.org

NDBW MEETING
May 11, 2018 11:15a - 1p
Sexual Harassment/Board Elections Clubs of Prestonwood
15909 Preston Rd., Dallas, TX 75248

DACA "League Leadership Development"
June 2nd 9:00am-Noon
7920 Beltline RD. Dallas, 1st Floor, Training Room A,
www.abwa-daca.org

Best Friends Celebration
June 16th 1:30 - 4p
Lavendou Tea Room
19009 Preston Rd. #200
Dallas, TX 75252

HAC (Houston Area Council) Women Celebrating Women Event.
June 23rd
We look forward to celebrating all the honorees and candidates Saturday, June 23rd at the Junior League of Houston!
#HACWCW2018#ABWA

ABWA Tu'Ya Chapter in OKC; Spaghetti Dinner Fundraiser
June 30th 5:00pm to 8pm - Save the date

ABWA - Parvenu Bossier Charter Chapter for the Shreveport La Area; 6TH Annual District II Vice-President Celebration
July 13-14th(Friday Evening & Saturday Morning);; Early Online Registration - \$45 <https://www.paypal.me/ABWA/45>

ABWA growth paves the way to greatness!!!

ABWA Past President, Lorie Burch won 49.6 percent of the vote for US HOUSE District 3. She is in a Democratic May 2018 run-off against Sam Johnson, not to be confused with the longtime Republican with the same name – retiring Plano Rep. Sam Johnson.



Visit us online at: www.ndbw-abwa.org

Like us on Facebook at: <https://www.facebook.com/ABWA.NorthDallas>

NDBW 2017/18 Board

President - Karen Morriss
President-Elect - Rachel Knight
VP Communications - Michelle McLaren
VP Finance - Daphne Alexander
VP Marketing - Lynn Jasmin
VP Membership - Marti Fox
VP Programs - Elva Hernandez

ABWA's Proud Code of Conduct

- All members will serve as goodwill ambassadors for the American Business Women's Association.
- Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
- Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
- Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
- Members will not use their personal power to advance their personal interests.
- Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

ABWA Mission Statement

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.